



**SUPPORT PRACTITIONER
— TRAINING HUB —**

Diploma in Adult Care Level 3 (RQF) – 610/7045/2

The Level 3 Diploma in Adult Care has been developed to meet the minimum standards established by Skills for Care and Skills for Health. This qualification verifies the competence of individuals working in health and adult care services in England.

Additionally, the Level 3 Diploma in Adult Care (RQF) aligns with the knowledge and skills necessary for various roles within the Adult Care Sector, including positions such as lead personal assistant and lead adult care worker.

Entry requirements

Learners must be working in an appropriate adult care role and have access to workplace evidence. An initial assessment and skill scan will be completed before enrolment to confirm suitability and identify individual support needs.

Programme Length

- 9 – 12 months depending on experience

Programme Schedule

- Sessions adapted to meet student needs
- Elements of independent self-study
- Monthly one to one sessions to provide guidance and feedback
- Professional discussions, direct face-to-face observations, tutorials and teaching

Costs

- All prices are based on an individual cost per student
- All costs include registration, certification, and all assessment requirements, including access to a virtual portfolio

Progression

Successful completion may support progression into senior care, specialist, supervisory or leadership roles and further study at Level 4 Adult Care or Principles of Leadership and Management for Adult Social Care Level 4.



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Students must complete all units contained within the mandatory group. Plus, a minimum of 19 credits from the optional group.

Unit Ref	Unit Title	Level	GLH	CR
1	Promoting Effective Communication in Care Settings	3	31	4
2	Effective Handling of Information in Care Settings	3	18	2
3	Continuing Professional Development (CPD) in Care Settings	3	15	3
4	Promoting Personal Wellbeing	3	8	2
5	Promoting Person – Centered Practice in Care Settings	3	18	2
6	Promoting Choice and Independence in Care Settings	3	18	2
7	Promoting Individuals Health and Wellbeing in Care Settings	3	17	2
8	Promoting Equality, Diversity, Inclusion and Human Rights in Care Settings	3	19	3
9	Promoting General Health and Safety in Care Settings	3	14	2
10	Promoting Specialized Health and Safety in Care Settings	3	17	2
11	Promoting Infection Prevention and Control in Care Setting	3	17	2
12	Care Worker Responsibilities and Ways of Working	3	12	2
13	The Principles of Duty of Care in Care Settings	3	15	2
14	The Principles of Safeguarding and Protection in Care Settings	3	29	6
15	The Principles of Mental Capacity and Restrictive Practice in Care Settings	3	35	4

Optional Unit Topics include:

- End of Life Care
- Infection Control and Hygiene
- Positive Behaviour
- Infection Control and Hygiene
- Health and Healthcare
- Supporting Individuals & Elderly People
- Medication
- Leaderships and Audits
- Moving People
- Dementia
- Substance Use
- Partnerships and Advocacy
- Teamwork and Supervision
- Personalisation and Care Planning
- Mental Health